# In Your Workplace Event Ideas Guide



## **Group Activities**

#### **Casual Day**

This one works best if your office has a strict dress code and people would love to be more casual for a day. Ask everyone who dresses down to bring a filled out pledge card, all of which can go straight to your fundraising campaign.

#### **Theme Day**

Pick a theme and ask everyone to dress up and donate.

#### **Ice Cream Social**

In the heat of the summer, there's nothing better than ice cream. Host an ice cream social to bring people together and raise money. Considerations: Don't worry about going crazy with ice cream flavors, most will be happy with vanilla and chocolate. However, don't skimp on those sprinkles, cherries, and other toppings.

### **Games & Competitions**

#### **Email Bingo**

Unlike traditional bingo, this can take place all day. Sell bingo cards to colleagues to raise money. Throughout the day, call out bingo numbers using email. The first email user to get bingo should then reply to all. Solicit contacts/suppliers for prize donations. Be sure to apply for a <u>gaming license</u>.

#### Chili Cook-off

Organize entrants for a lunch time chili cookoff! Charge an entry donation from both the chefs and the tasters.

#### **Parking Spot Challenge**

Many employees will do pretty much anything for a prime parking spot. Offer a reserved spot as an incentive for your employees and colleagues to raise money for Arthritis Research Canada!

#### **Scavenger Hunt**

This one is great around holidays. Hide some themed, edible treats around the office and give each team some clues to try and find them. The fastest team to gather the most items wins and gets to eat what they've found. Ask everyone who participates to fill out a pledge card, all of which can go straight to your fundraising campaign.

## Here to help

These are just a few ideas to get you started. If you would like further information, please contact: Patti Nakatsu, Director of Development Phone: 604-207-4002 Email: pnakatsu@arthritisresearch.ca

